**INFORMED CONSENT AND LIABILITY WAIVER RELEASE FOR PARTICIPATION IN THE FACE YOGA EXERCISE PROGRAM**

I agree and consent to the following:

I am voluntarily partipating in the Face Yoga exercise progam conducted by Coffee Cheung via online. I recognize that the progream requires some physical exertion of the body and face that may cause physical discomfort, soreness and injury. I am fully aware of the risks and hazards involved.

In understand that it is my responsibliity to consult with a physician prior to and regardign my participation in the above mentioned program. I represent and warrant that I have no medical conditin that would prevent my participaton in the program.

I agree to assume full resposnbility for any risks, injuries, or damage known or unknow which I might incur as a result of participating in the program. Such injuries may include, but are not limited to, heart attacks, muscle stains, muscle pulls, muscle tears or any other illness or soreness.

I knowingly, voluntarily and expressly waive any claim I may have against Everyday Face Yoga LLC.

I, my heirs or representatives forever release waive, discharge and convenant not to sue Everyday Face Yoga LLC for any injury by their negligence or other acts.

I have read the above waiver and release of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Signature:

Date:

Add website

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